

Caregiver's Cell Phone and Online Safety Contract



I know that the internet is an important resource for my child and that being familiar with it is a necessary skill. It can also be a wonderful place to visit, but I know that I must do my part to help keep my child safe online.



If my child does something that I do not approve of online, we will have a calm conversation about my expectations and the reasons for our internet rules. I understand that just taking away the internet will not solve the problem.



I will set reasonable rules and guidelines for computer use by my child, including how much time they may spend online; I will encourage them to participate in offline activities as well. We will discuss these rules and post them near the computer as a reminder.



I will not overreact if my child tells me about something "bad" he or she finds or does on the internet.



I will get to know the services and websites my child uses.



I will try to get to know my child's online friends and contacts, just as I try to get to know his or her offline friends and contacts.



I will try to put the home computer in a family area rather than in my child's bedroom.



I will report suspicious and illegal activity and sites to the proper authorities and I will learn how to report abuse when necessary.



I will talk to my child about their social networking profiles, what they can and cannot post, who they should allow as friends, and how to behave appropriately in their online interactions.



I will frequently check to see where my child has visited on the internet, and I will talk to them if I see something I'm concerned about or that I think is inappropriate.



I will learn about parental controls for filtering and blocking inappropriate internet material from my children.



If my child continues to break our internet rules after we have discussed them, I will impose penalties for their actions including taking away his or her computer, cell phone, or other devices until the behavior changes.